



Free Motion Quilting Academy Graduation

Aug 19, 2023



The Qualities of a Quilting Rockstar

1

**Willingness to do the
work to make progress on
their quilting skills**

2

**Dedication to giving
themselves grace when the
practice is messy**

3

**Joy in celebrating
accomplishments and
finished projects**

4

**Commitment to
encouraging others on
their journeys**

5

**Delight in quilting
community and
camaraderie**

String  Story

Now presenting the
Free Motion Quilting Academy
graduating class of Aug 2023:

Gayle Musker



Johanna Burian



Maureen Teoh



Pat Seilis



Sandra Davis





**POP THE
CHAMPAGNE!**



**How can you become a confident
Free Motion Quilting Rockstar, too?**

Free Motion Quilting Academy

with
HollyAnne Knight

String  Story
1-150QVP





Free Motion Quilting Academy

A proven method

Inside the Academy, we will build on the lessons from today's masterclass in twelve weeks of step by step video lessons designed to help you grow from a nervous beginner to a confident, intermediate Free Motion Quilting Rockstar!



I loved EVERYTHING about the FMQAcademy . At 69, I was a little doubtful I could learn how to Free motion quilt but when I found HollyAnne's intro to FMQ , I decided I had to try. HollyAnne's teaching style and videos are fantastic . Although the course is 12 weeks long there is no pressure to finish within that time period . Life sometimes gets in the way and it is so very nice to have one less pressure . I love being able to go back to the course over and over again for a refresher of any of the motifs .

Another wonderful part of this course os being able to post questions and be in contact with others taking the course . There is so much encouragement within the group .

HollyAnne, thank you for this fantastic course ! I hope one day I can pop into your shop and meet you in person ! This will go down as one of the very best Christmas gifts my 6 children have given to me .

– **Maureen T.**

Free Motion Quilting Academy

Total Value of \$1,497

- 6 professionally recorded video units teaching you all of the ins and outs of FMQ, from set up to how to stitch over two dozen motifs [a \$997 value]
- 1 bonus unit about how to make quilting plans
- 50+ page course workbook
- Access to a private Kajabi community to access live video Q&As as well as ongoing support from me and your fellow Rockstars [a \$500 value]
- Lifetime access to all of the above

What It Costs

\$297 USD

or 3 payments of \$99
Early Bird Price

www.stringandstory.com/fmqacademy

Enrollment is open til
Aug 26, 2023



I'm so happy to graduate! I've taken almost a year to finish, and that's ok. I was in the Fall 2022 cohort. The lifetime access was one of the big benefits to me as I knew I wouldn't have time in my schedule to finish in 12 weeks. The videos are wonderful, since I can go back to them any time and will see the latest version of the videos with any updates. I realized after I had the sampler on my longarm that I had never watched the feathers videos, so I stepped back, watched them, practiced on my white board and jumped in and now I love doing feathers!

HollyAnne's "you can do this" encouragement and cheerleading helped me figure out what to do for my whole cloth as well as to get my sampler put together and on the longarm and finished.

–**Gayle M.**



Free Motion Quilting Academy

Allows you to learn FMQ from the
privacy and comfort of your own home

www.stringandstory.com/fmqacademy



Free Motion Quilting Academy

Encourages you to start with what you have,
keeping supplies minimal and affordable, rather
than urging you to buy a fancier machine

www.stringandstory.com/fmqacademy



Free Motion Quilting Academy

Is ready when you are, regardless of geography or time zone, with on-demand, pre-recorded video lessons

www.stringandstory.com/fmqacademy



Free Motion Quilting Academy

Offers you ongoing access to the instructor so you never feel alone or stuck and you can get near-real-time help during livestreamed Q&A sessions

www.stringandstory.com/fmqacademy



Free Motion Quilting Academy

Connects you to other Rockstars-in-
Training around the world so you can
help and encourage each other

www.stringandstory.com/fmqacademy



I loved HAK's enthusiastic support and teaching style; the supportive environment that is cultivated; the permission to not be perfect

-Sandra D.



I really liked the carefully structured lessons in Kajabi which allowed me to progress at my own pace and to review lessons when needed. HollyAnne does a great job of her descriptions and demos, and I REALLY appreciated the focus on 'progress' rather than 'perfection.' My IMG needed to be put in its place while working through some of the blocks since I am a relative newcomer to longarming as well as free motion quilting. The quilting journey continues

-Pat S.



I love the self directed nature of the videos and how HollyAnne shows what she's doing up close on an actual quilt. I also love how she lets mistakes be what they are. She didn't try to present an illusion of perfection which let me give myself some grace when I made mistakes.

-Johanna B.

**Join us today to
start your journey
to become an FMQ
Rockstar!**

www.stringandstory.com/fmqacademy





Huzzah!!